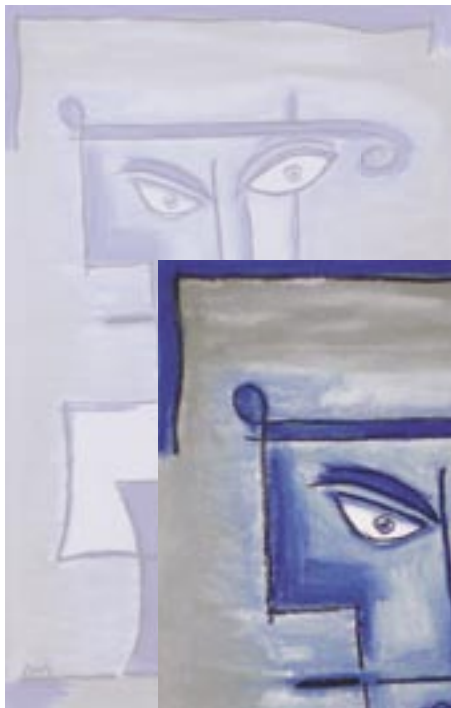


MIRROR WIBBOB



Igor Spreizer (2004)

new people,
new thinking,
new possibilities





MIRROR is the new mental health think-tank. The first meeting is part of the *Re-thinking Mental Health Policy* conference in Slovenia, October, 2004.

MIRROR is an independent body managed by the InterAction Secretariat who are a UK based not-for-profit organisation.

MIRROR facilitates creative thinking by bring together a broad and varied range of thinkers to address specific issues. These include local experts, especially people with mental health problems, their families and local policy activists. It also includes recognised policy makers from national and international levels along with journalists, faith groups, lawyers and politicians.

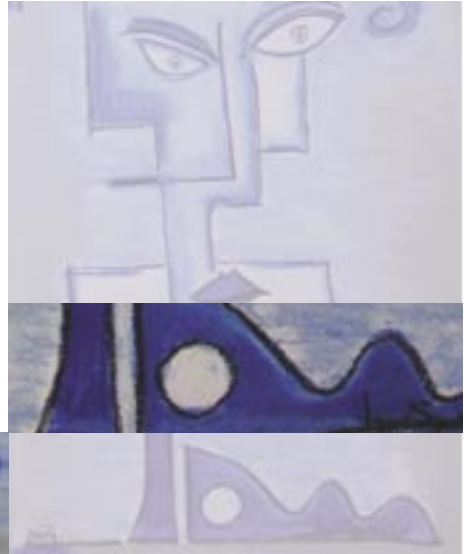


MIRROR – new people, new thinking, new possibilities

The **MIRROR** think-tank aims to examine, discuss, evaluate and critique current policy-making. Traditionally, thinking in the field of mental health policy has drawn from a limited pool of techniques and a limited range of thinkers. Many with real insights and original ideas to contribute have found the barriers of poverty, stigma, geographical isolation and exclusive networks impossible to overcome. At a fundamental level, enabling people to have a voice in their own lives is effective and empowering. Systemic advocacy incorporates the real world experience and views of service users into the evaluation and regeneration of mental health services, organisations and systems. **MIRROR** takes this process one step further by promoting the proactive creation of new visions for mental health which involve all the stakeholder groups.

Rather than waiting to be asked their views on current systems, **MIRROR** enables people to design alternative futures and take control of their lives. **MIRROR** therefore builds on and moves beyond advocacy. **MIRROR**'s primary interest is countries in development and transition. Informed by a policy-as-process model, rather than more traditional, prescriptive approaches that focus on incremental, technologically determined solutions based heavily on the hegemony of medical discourse, the way decisions are reached is seen as significant as the decisions themselves.

By linking creativity from the grassroots with thinking from national and international levels, MIRROR creates a network of ideas, research and personal experience that informs and evaluates the policy process. In addition, **MIRROR** will propose innovative and more inclusive solutions based on the views of an extended stakeholder group.



Promoting the thinking – creativity and change

The outputs from the **MIRROR** think-tank will be used as a basis for advocacy, campaigning and media work to promote alternatives to current policies and to inform governments and transnational organisations who are engaged in top-down policy-making.

MIRROR will produce on a regular basis:

- Policy papers providing briefings to key stakeholders.
- A regularly up-dated website incorporating a forum message board.
- Press releases and media work.
- Declarations and representations to international bodies concerned with protection of human rights, social inclusion and civil society.
- Petitions to key agencies and organisations such as governments, the World Health Organisation, and others supporting the development and reform of mental health in developing countries and those in transition.
- Information to grass-roots organisations to support community development and local approaches to mental health policy.
- Input into the training to support advocacy, campaigning and lobbying for local, regional and national policy initiatives involving users/survivors of mental health services and their allies.



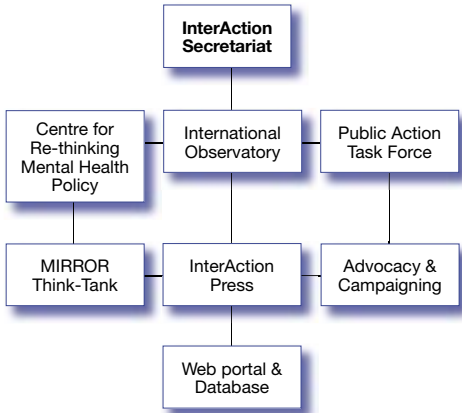
Funding

MIRROR is funded by grants and donations and fundraising support is provided by the InterAction Secretariat. The costs of the first convocation have been met by the Webb Memorial Trust and the Hamlet Trust.

Who is “MIRROR”?

MIRROR is an independent think-tank under the auspices of the Centre for Re-thinking Mental Health Policy (CRMHP) which is managed by the InterAction Secretariat.

Mental Health
Ideas
Reflection
Research
Originality
Re-thinking



Centre for Re-thinking Mental Health Policy, InterAction,

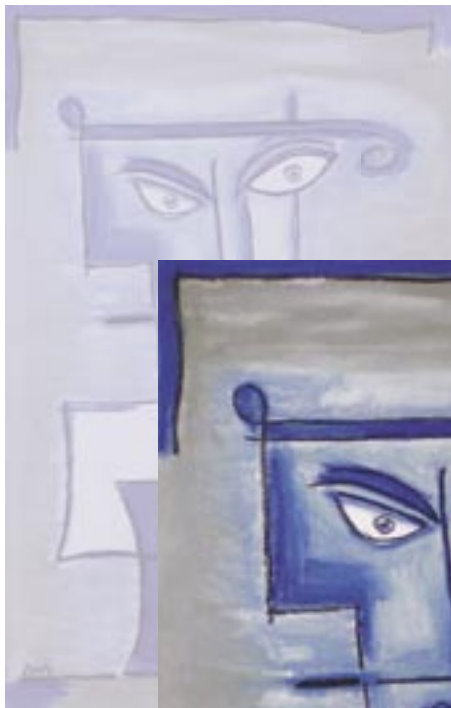
28 Tudor Road, Canterbury, CT1 3SY. U.K.

Telephone: + 44 1227 454471

www.publicAction.org.uk email: pamhid@yahoo.com



MIRROR WIBBOB



Igor Spreizer (2004)

new people,
new thinking,
new possibilities

